Custom Walk: Your group!

Date: Up to a 2.5-hour guided walk

Custom Walk & Guiding Fee: TBC

Your guide: Lori Beattie (bio here https://www.fitfrog.ca/about/)

Suggested walk route: Elbow River wilds, views and hidden stairways
See my Calgary Herald article (link below) for an idea of the walk. The exact route may differ. There are many wonderful walking routes that I lead from Sandy Beach Park. We may walk to Parkhill, Rideau, Roxboro Natural Park, or Evamy Ridge in Mount Royal, depending on the pace of the group.
https://calgaryherald.com/life/best-walks-of-calgary-nature-and-history-abound-in-sandy-beach-elbow-park-and-britannia

Walk description: A walk along this route in October offers a breathtaking display of fall colours as the river valley slopes come alive with vibrant shades of gold, orange, and red. This route travels across pedestrian bridges, into neighbourhoods, along regional pathways, to Rockies views and then detours onto cut-through community pathways and stairways tucked in between houses.

Walk distance: 2.5 hours and up to 10 km on a mix of paved paths, stairs, sidewalks and single-track pathways up and down slopes. **NOTE:** I can adjust the route distance based on group pace.

Meet Place: Sandy Beach Park or Britannia Plaza area (Elbow and 50th Ave)

Bathrooms: Yes, at Sandy Beach Park.

Post-walk meal / café options
Picnic areas with shelter and bathrooms: Sandy Beach Park near Playground, https://www.calgary.ca/bookings/picnic-sites.html or South Calgary Park (near library)

Café/Restaurant: Lina's Cafe on Elbow Drive, https://www.linasmarket.com/menus-1, Many options on 34 Ave, Marda Loop, Village Ice Cream, Britannia Plaza











